

Fall Into Fitness  
 FIVE KILOMETER ROAD RACE  
 Lancaster, PA November 4, 2006

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

1	Diane Golden	53	19:26
2	Angela Srivastava	39	19:46
3	Amy Hartz	31	20:09

\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

1	Daryl Weaver	33	15:34
2	Mark Amway	45	15:37
3	Ryan Zeigler	21	16:11

AGE-GROUP RESULTS  
 Fall Into Fitness  
 FIVE KILOMETER ROAD RACE  
 Lancaster, PA November 4, 2006

(Age-group place/overall place/name/age/time)

MALE AGE GROUP: 1 - 13

1	49	Austin Wagner	13	22:48
2	122	Riley Kaminski	8	33:02

FEMALE AGE GROUP: 1 - 13

1	65	Emma Rissinger	12	24:28
2	77	Michelle Miller	12	25:47
3	96	Megan Esterbrook	11	27:56

Male AGE GROUP: 14 - 19

1	4	James Stratton	19	16:12
2	13	Jeremy Bowe	16	18:42
3	14	Eric Miller	15	18:49
4	24	Brandon Zimmerman	15	20:06

FEMALE AGE GROUP: 14 - 19

1	78	Rachel Lindt	16	25:48
2	81	Molly Steiber	16	25:57
3	111	Paige Yurick	15	28:55

MALE AGE GROUP: 20 - 29

1	5	Lucas Messner	25	16:18
2	9	Andrew Smart	23	17:50
3	11	Mark Oles	29	18:16
4	21	Chris Mitton	21	19:43
5	33	Dan Massey	26	21:10

FEMALE AGE GROUP: 20 - 29

1	43	Sarah Gettle	20	22:15
2	60	Elizabeth Ulrich	27	24:01
3	62	Melissa Horn	26	24:10
4	66	Eileen Pelotle	26	24:37
5	88	Roseanne Myers	26	26:46

MALE AGE GROUP: 30 - 39

1	6	John Finger	35	16:23
2	12	Doug Travis	35	18:19
3	15	Brian Hartz	33	18:50
4	16	Sean McNenamin	36	19:00
5	20	John Bisking	32	19:28

## FEMALE AGE GROUP: 30 - 39

1	53	Sara Barton	33	23:16
2	69	Wendy Lundgren	33	24:46
3	83	Cindy Jenkins	31	26:05
4	92	Amy Gramby	35	27:05
5	93	Roseann Lee	39	27:17

## MALE AGE GROUP: 40 - 49

1	7	Shane Green	41	16:25
2	8	Barry Dippner	45	17:18
3	10	Carl Spangler	47	18:10
4	17	Tom Smith	44	19:08
5	18	Phil Mitzkanch	47	19:20

## FEMALE AGE GROUP: 40 - 49

1	35	Pam Currie	47	21:29
2	47	Kathy Browand	49	22:46
3	64	Kathy KeenerShantz	44	24:21
4	67	Lisa Haefner	44	24:41
5	68	Lisa McCune	42	24:45

## MALE AGE GROUP: 50 - 59

1	29	Darvan Watson	51	20:48
2	31	Bob Herman	52	20:55
3	34	George Werner	54	21:20
4	46	Chris Barton	59	22:33
5	48	Wayne Johnson	55	22:47

## FEMALE AGE GROUP: 50 - 59

1	44	Heather Parsons	51	22:26
2	84	Barbara Benser	56	26:07
3	86	Jill Bucks	54	26:25
4	90	Ann Pautler	50	26:48
5	98	Brenda Kauffman	56	28:04

MALE AGE GROUP: 60 - 69

1	30	Marsden Urmanec	64	20:51
2	50	Terry Derk	65	22:53
3	58	Bill Crosswell	60	23:38
4	59	Gregory Kerek	67	24:00
5	80	Ron Sharp	63	25:50

FEMALE AGE GROUP: 60 - 69

1	75	Ann Moore	60	25:24
2	142	Sarah Urmanec	63	44:17
3	145	Karna Burkeen	61	45:30

MALE AGE GROUP: 70 - 99

1	146	Robert Singer	79	45:30
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FEMALE AGE GROUP: 70 - 99