

2<sup>nd</sup> Annual Fall Into Fitness  
5K Road Race  
Lancaster, PA November 3, 2007

Female Overall

1. Wendy Barrett 18:04
2. Dianna Golden 19:19
3. Meghan Morel 19:20

Male Overall

1. Daryl Weaver 15:53
2. Steve Owens 16:28
3. Ian Auman 16:46

Female 1-13

- Erin Carey 23:23  
Brittany Stoll 23:33  
Jennifer Helm 27:04  
Pareesa Zaman 43:20  
Madison Kaufman 48:34

Male 1-13

- Jimmie Wallace 20:10  
Garrett Noone 45:38

Female 14-19

- Katelyn Lutz 20:35  
Laura Bowman 23:21  
Katie Eckman 23:22  
Christine Le 23:27  
Stefani Helm 26:06

Male 14-19

- Phillip Dissinger 16:53  
Alex Smith 16:57  
Matthew Cunningham 17:39  
Ian Hackett 17:50  
Glendon Zimmerman 18:02

Female 20-29

- Carrie Falduts 22:18  
Kristen Gingerich 22:26  
Sara Yinger 23:30  
Melissa Horn 23:47  
Kristi Reitzel 23:51

Male 20-29

- Dam Panza 18:00  
Erik Pindrock 18:27  
Brandon Conrad 19:11  
Andy Martin 19:17  
Sheik Robinson 19:35

Female 30-39

- Ann Fulton 22:28  
Diana Griffiths 22:43  
Amy Wilson 23:38  
Keri Paladino 23:58  
Leslie Heindel 25:01

Male 30-39

- Doug Travis 18:01  
Timothy Norejko 18:58  
Dustin Strickler 21:06  
Harry Reitzel 21:28  
Travis Hess 21:30

Female 40-49

- Donna Ornosky 20:26  
Lisa Sanders 23:45  
Michele White 25:11  
Melanie John 26:14  
Patty Bentz 27:23

Male 40-49

- Mark North 17:55  
Tom Smith 17:57  
Kary Zimmerman 18:18  
Gary Bell 19:24  
Chris Bejgrowicz 20:12

Female 50-59

Karen Conrad 24:25  
Ann Paulter 25:18  
Barbara Bensus 26:16  
Susan Truxal 27:44  
Lisa Terrell 29:11

Female 60-99

Ann Moore 25:12  
Marie Wurst 36:47

Male 50-59

Dave Ballaban 18:59  
Mike Feiler 19:30  
John Williams 20:36  
George Werner 21:08  
Wayne Conrad 21:48

Male 60-99

Edward LeCates 19:43  
Larry Hess 21:17  
Frank Byrne 22:15  
Chris Barton 22:54  
Terry Derk 23:49