

4th Annual Fall into Fitness
 FIVE KILOMETER ROAD RACE
 Lancaster, PA November 7, 2009

Place	Name	Age	Div/Tot	S	Time
1	Luke Watson	29	1/18	M	14:38
	Darryl Brown - 14:59 - 2008				
2	Drew Nesbitt	24	2/18	M	15:06
3	Daryl Weaver	36	1/29	M	15:09
4	Chris Ecker	22	3/18	M	15:20
5	Daryl Basarab	24	4/18	M	15:30
6	Jimmy Walsh	23	5/18	M	15:55
7	Ian Hackett	17	1/9	M	16:48
8	Jared Schnapf	28	6/18	M	17:14
9	Georganne Watson	24	1/32	F	17:54
10	Brandon Zimmerman	18	2/9	M	17:58
11	Nick Fanning	15	3/9	M	18:01
12	George Barr III	21	7/18	M	18:03
13	Danny Leskowicz	13	1/14	M	18:11
14	David Kapferer	31	2/29	M	18:30
15	nick sears	30	3/29	M	18:34
16	Tyler Rosenberg	37	4/29	M	18:35
17	ed vaughen	38	5/29	M	18:36
18	matthew miller	15	4/9	M	18:44
19	Timothy Monaghan	24	8/18	M	18:47
20	Evan Thomas	16	5/9	M	18:52
21	Tom Smith	47	1/26	M	18:57
22	Travis Hess	36	6/29	M	19:27
23	Andy Martin	29	9/18	M	19:28
24	Wayne Stevens	38	7/29	M	19:32
25	Melanie Craver	34	1/40	F	19:34
26	Brent Kametz	36	8/29	M	19:45
27	Clayton Dickerson	17	6/9	M	19:48
28	Rick Dickerson	47	2/26	M	19:48
29	Deena Andrus	45	1/23	F	19:49
30	Glenn Pasewicz	42	3/26	M	19:57
31	Mark Ward	49	4/26	M	20:23
32	Dustin Strickler	39	9/29	M	20:33
33	J. Michael Miller	34	10/29	M	20:35
34	Dan McCuen	60	1/9	M	21:02
35	Kim Braught	37	2/40	F	21:04
36	Dave McSherry	54	1/11	M	21:11
37	Stephen Capp	15	7/9	M	21:16
38	Ryan Kostival	36	11/29	M	21:17
39	Jim Davis	39	12/29	M	21:30
40	Lon Flaud, Jr	37	13/29	M	21:33
41	Mitchell Miller	44	5/26	M	21:36
42	Larry Hess	67	2/9	M	21:49
43	Gary Bowman	43	6/26	M	22:01
44	George Werner	57	2/11	M	22:07
45	Jason Sceski	28	10/18	M	22:11
46	Stephen Stoll	38	14/29	M	22:17
47	Michael Shapiro	37	15/29	M	22:18
48	Doug Paqlia	55	3/11	M	22:22
49	Marsden Urmanec	67	3/9	M	22:22
50	Donna Ornosky	47	2/23	F	22:24

4th Annual Fall into Fitness
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Place	Name	Age	Div/Tot	S	Time
51	Richard Milliron	46	7/26	M	22:25
52	Brynn Hackett	13	1/3	F	22:29
53	Michael Stoltzfus	32	16/29	M	22:30
54	peter voystock	18	8/9	M	22:32
55	Christine Le	17	1/7	F	22:34
56	Ian Tangert	29	11/18	M	22:36
57	tom koltunovich	35	17/29	M	22:41
58	Judy Strosser	45	3/23	F	23:01
59	Dave Musser	46	8/26	M	23:04
60	john Aranowicz	43	9/26	M	23:05
61	Jason Oswald	36	18/29	M	23:12
62	Jeremy Sawdey	25	12/18	M	23:13
63	Quinn Loughlin	12	2/14	M	23:16
64	Ann Pautler	53	1/14	F	23:17
65	Jon Miklas	44	10/26	M	23:18
66	Brie Stoltzfus	32	3/40	F	23:32
67	Jennifer Gross	31	4/40	F	23:35
68	Douglas Thomas	45	11/26	M	23:37
69	Stacy Schucker	23	2/32	F	23:38
70	Glenn Schneider	59	4/11	M	23:40
71	greg houp	36	19/29	M	23:43
72	Sarah Yohe	35	5/40	F	23:45
73	Wayne Johnson	58	5/11	M	23:59
74	Sean Browne	33	20/29	M	24:00
75	jim doyle	64	4/9	M	24:04
76	William Erwin	62	5/9	M	24:07
77	Lloyd Gentzler, Jr	55	6/11	M	24:09
78	matt dirienzo	33	21/29	M	24:09
79	Andrew Ruth	27	13/18	M	24:11
80	Sarah Moore	20	3/32	F	24:14
81	Ted Loughlin	47	12/26	M	24:15
82	jennifer sears	34	6/40	F	24:16
83	Andrea Hostetter	25	4/32	F	24:18
84	Noah Boughter	11	3/14	M	24:24
85	Breanne Kennedy	26	5/32	F	24:25
86	Jeffery Bosserman	48	13/26	M	24:26
87	Brian Keefer	32	22/29	M	24:28
88	Shannon Ruth	30	7/40	F	24:31
89	Terry Lukehart	52	7/11	M	24:32
90	Heidi Seasock	35	8/40	F	24:36
91	Cody Leaman	12	4/14	M	24:38
92	Bill Kipphorn	56	8/11	M	24:39
93	Mindy Rusnak	39	9/40	F	24:41
94	robin vincent	29	6/32	F	24:42
95	Sue Brooks	38	10/40	F	24:54
96	Samantha Stout	27	7/32	F	24:59
97	Kelly Tyson	20	8/32	F	25:04
98	joe grimm	49	14/26	M	25:04
99	Shawn Weaver	29	14/18	M	25:09
100	brandon wood	28	15/18	M	25:09

4th Annual Fall into Fitness
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Place	Name	Age	Div/Tot	S	Time
101	Heather Martin	28	9/32	F	25:15
102	Bryan Martin	33	23/29	M	25:15
103	Lisa Williams	40	4/23	F	25:17
104	diane kull	26	10/32	F	25:18
105	David Eades	41	15/26	M	25:20
106	Debbie Soper	38	11/40	F	25:25
107	Adam Nixon	23	16/18	M	25:33
108	Dwyane Sollenberger	34	24/29	M	25:37
109	Robert Klingseisen	45	16/26	M	25:37
110	Mike Price	39	25/29	M	25:39
111	Bradley Martin	15	9/9	M	25:45
112	Kim Mehaffey	37	12/40	F	25:46
113	Dave Chiazza	43	17/26	M	25:47
114	Ricardo Valverde	36	26/29	M	25:47
115	Tiffany Martin	27	11/32	F	25:48
116	joseph voystock	46	18/26	M	25:49
117	Bryan Ponta	37	27/29	M	25:54
118	Kim Gibson	40	5/23	F	25:57
119	Scott Vine	41	19/26	M	26:01
120	Alex Vine	6	5/14	M	26:02
121	Conner Aranowicz	12	6/14	M	26:03
122	Katie Benner	22	12/32	F	26:07
123	Amy Koerner	27	13/32	F	26:09
124	Ann Moore	63	1/5	F	26:11
125	Erin Daneker	21	14/32	F	26:12
126	Fernando Gutierrez,	13	7/14	M	26:18
127	Denise Bright	43	6/23	F	26:26
128	Melanie Johns	48	7/23	F	26:31
129	Josh Morris	13	8/14	M	26:38
130	Shannon Heydt	31	13/40	F	26:39
131	Melissa Miller	30	14/40	F	26:39
132	Keith Heydt	30	28/29	M	26:40
133	Melissa Derderian	34	15/40	F	26:45
134	Rich Mousley	56	9/11	M	26:46
135	Gemma Pasewicz	11	2/3	F	26:57
136	Justin Morris	12	9/14	M	26:58
137	Christina Lockard	22	15/32	F	27:06
138	stephanie snader	39	16/40	F	27:08
139	Dennis Gentile	59	10/11	M	27:10
140	Susan Truxal	58	2/14	F	27:10
141	Virginia Young	57	3/14	F	27:12
142	Margaret Saunders	52	4/14	F	27:17
143	Todd Reinhart	37	29/29	M	27:24
144	Tony Eisenberger	41	20/26	M	27:25
145	Jocelyn Engle	27	16/32	F	27:35
146	Eric Daniels	47	21/26	M	27:35
147	Brittany Helm	22	17/32	F	27:38
148	zachary vaughen	11	10/14	M	28:00
149	Fernando Gutierrez	40	22/26	M	28:00
150	Wendy Laubach	40	8/23	F	28:02

4th Annual Fall into Fitness
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Place	Name	Age	Div/Tot	S	Time
151	Megan Sillers	26	18/32	F	28:11
152	Mark James	57	11/11	M	28:12
153	Paul kiefer	69	6/9	M	28:14
154	Jennifer Spatz	23	19/32	F	28:15
155	Tennille Ault	30	17/40	F	28:18
156	Stephanie Owens	38	18/40	F	28:19
157	Jonathan Stone	21	17/18	M	28:19
158	Theron Boughter	48	23/26	M	28:22
159	Jennifer Brubaker	34	19/40	F	28:24
160	Benjamin Curtis	12	11/14	M	28:29
161	Jill Bucks	57	5/14	F	28:33
162	Kim Navikas	42	9/23	F	28:35
163	Rebecca Nissley	20	20/32	F	28:44
164	Shannon Young	27	21/32	F	28:45
165	Megan Esterbrook	14	2/7	F	28:49
166	Jalisa Zimmerman	14	3/7	F	28:52
167	Beth Kimmel	45	10/23	F	28:53
168	Annissa Gallo	16	4/7	F	29:02
169	Katie Ziegler	25	22/32	F	29:04
170	Amy Walker	32	20/40	F	29:06
171	Regina Gutierrez	39	21/40	F	29:07
172	Ellen Harsh	51	6/14	F	29:10
173	Kelly Fox	33	22/40	F	29:10
174	megan Bremer	33	23/40	F	29:20
175	Kelly Bell	29	23/32	F	29:26
176	George Burkholder	49	24/26	M	29:32
177	Emily Wood	26	24/32	F	29:34
178	Jennifer Detweiler	23	25/32	F	29:47
179	Cathy DeGuire	33	24/40	F	29:48
180	Gwyn Atkinson	46	11/23	F	29:52
181	Sara Evans	21	26/32	F	29:55
182	Cindy Barr	46	12/23	F	29:56
183	sarah lutz	51	7/14	F	29:58
184	Abby Stoltzfus	29	27/32	F	29:58
185	Leahn Agnew-Karches	32	25/40	F	30:01
186	Courtney Lewis	31	26/40	F	30:01
187	Erica Wentzel	40	13/23	F	30:05
188	Luke Wentzel	6	12/14	M	30:12
189	Susan Landis	50	8/14	F	30:15
190	Karen Baughman	54	9/14	F	30:20
191	Dylan Loughlin	12	13/14	M	30:23
192	Rose Ward	58	10/14	F	30:29
193	lisa good	40	14/23	F	30:29
194	Erica Weitzel	30	27/40	F	30:46
195	Rebecca Rubin	25	28/32	F	31:04
196	Courtney Miller	33	28/40	F	31:06
197	Deanna Ruiz	47	15/23	F	31:13
198	Shannon Spahr	33	29/40	F	31:32
199	Melanie Geib	39	30/40	F	31:46
200	Angela Depew	35	31/40	F	32:01

4th Annual Fall into Fitness
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 Lancaster, PA November 7, 2009

Place	Name	Age	Div/Tot	S	Time
====	=====	===	=====	=	=====
201	terry ernst	60	2/5	F	32:09
202	Thuy Taitt	35	32/40	F	32:12
203	Nga Vu	37	33/40	F	32:13
204	Lisa Helm	46	16/23	F	32:24
205	Adrienne Kametz	32	34/40	F	32:33
206	Chris Holland	38	35/40	F	32:55
207	Paul Wissler	84	1/1	M	33:10
208	Maria Riera	28	29/32	F	33:16
209	Catherine Gallo	14	5/7	F	33:35
210	lisa atkins	32	36/40	F	33:59
211	John Morris	60	7/9	M	34:22
212	Karen Bousquet	39	37/40	F	35:29
213	Ray Burg	28	18/18	M	35:35
214	Rila Hackett	49	17/23	F	35:37
215	Megan Hull	24	30/32	F	35:43
216	Melanie Wendt	38	38/40	F	35:43
217	Seban Daly	42	18/23	F	37:44
218	James Daly	43	25/26	M	40:26
219	Anne Esbenshade	38	39/40	F	40:36
220	Marie Woods	62	3/5	F	40:36
221	Isabelle Wentzel	9	3/3	F	42:51
222	Brian Condron	65	8/9	M	42:51
223	Sharon Snyder	40	19/23	F	43:08
224	Karen Barnet	41	20/23	F	43:59
225	Tammy Bender	33	40/40	F	44:03
226	Sarah Urmanec	66	4/5	F	44:41
227	Betty Showers	57	11/14	F	44:41
228	Lindy Aurentz	25	31/32	F	45:00
229	Jennifer Leach	27	32/32	F	45:00
230	Matthew Wentzel	40	26/26	M	45:13
231	Adam Wentzel	4	14/14	M	45:19
232	Barbara Slusser	67	5/5	F	45:24
233	Evajane Weaver	55	12/14	F	45:25
234	Lisa Douglas	46	21/23	F	49:13
235	Bridgette Lausch	44	22/23	F	49:15
236	Bruce Weaver	64	9/9	M	49:37
237	Sharon Weaver	59	13/14	F	49:38
238	Danielle Miller	18	6/7	F	50:57
239	Kayla Roush	18	7/7	F	50:57
240	Lori Kalbach	53	14/14	F	50:58
241	Teresa Blauch	42	23/23	F	50:58